



## WELCOME!

We are pleased to have you as a member of Swim Reedsburg. In order to ensure safety and the enjoyment of our facility for all members, the following rules and regulations have been instituted. These rules and regulations are subject to change at any time and do not need to be in writing to be enforced by the Swim Reedsburg staff.

## HOURS – Pool and Fitness Room

- M-TH 5:45am – 9:00pm
- Friday 5:45 am – 8:00pm
- Saturday 1:00 pm – 5:00 pm

### FITNESS ROOM AND SWIM LESSONS ONLY

- Sunday 5:00 pm – 8:00 pm
- Times are subject to change based upon when swimming lessons are offered during a given session.

## SIGNING AND CHECKING IN

- Please sign-in and out at the front desk when attending the following at our facility:
  - Water Classes
  - Land Classes
  - Open Swim
  - Fitness Room
- Please check in (stop by the front desk and tell the check-in person you have arrived) when attending the following at our facility:
  - Swimming Lessons

## SWIMMING LESSONS

- To reserve your place in a specific swim lesson class, the lessons must be paid for in advance.
- If you sign-up and pay for lessons after the start date of the session, \$10.00 will be added to the advertised price.
- Rain or shine, Swim Reedsburg will not cancel lessons, fitness classes, swim team or any other scheduled activities.

HOWEVER, if you feel it is unsafe to travel to our facility let us know and we will do our best to schedule a make-up for your missed lesson.

- Each student is allowed one make-up lesson per session. In order to qualify for a make-up lesson Swim Reedsburg must be notified at least 12 hours in advance of the missed lesson.
- Check in verbally at the front desk when you get here for your weekly lesson, you do not need to sign in.

## BATHROOM/CHANGING ROOMS

- No recording devices allowed in bathroom/changing rooms.
- Please do all changing in our bathroom/changing rooms.
- All diapers must be changed in our bathroom/changing rooms and diapers should be disposed of in the trash receptacles.
- We do not have lockers for you to lock up any valuables. Please keep anything you are afraid of losing either at home or in your car. We will not hold items at the front desk for you while you are swimming.
- Items that are forgotten at our facility will be placed in our lost and found. The last week of each month we will put any unclaimed items for sale at 25 cents an item. After this week, any leftover items will be donated to Saint Vincent's.
- A male or female child using the restroom on their own will use their gender specific restroom. We have a family restroom by the activity room on the other side of the building if your child is of opposite gender of you and needs assistance getting ready for swim lessons.
- There is a shower in each of the bathrooms. This can be used before and/or after you use the pool or fitness room. However, everyone MUST shower thoroughly before entering the pool.

## **POOL AREA**

- There is no lifeguard on duty.
- Children under the age of 16 must be supervised at all times by an adult while in the pool.
- A swimsuit is required. If you need to wear underwear under your swim trunks it must be a clean pair.
- Shower thoroughly before entering the pool.
- Keep food, beverages and gum in the watching area by the front desk.
- Shoulder length hair or longer must be tied up.
- Always walk on the deck of the pool.
- Only jump feet first from the deck of the pool.
- Bare feet only allowed in the pool area.
- No animals allowed in the pool area or building.
- Do not enter the pool if you have a communicable disease or an open wound.
- Change diapers in the bathroom only.
- Do not play on lane lines or ropes if they are in the pool.
- Do not jump in the pool where the red diagonal lines are.
- Do not walk on the peninsula by the stairs (it also has diagonal red lines).
- Play respectfully while in the pool.
- Do not spit water out of the noodles or directly from your mouth.
- No rough play in or around the pool including but not limited to:
  - Pushing
  - Jumping on top of one another
  - Chicken fighting
  - Wrestling

## **ACTIVITY AND FITNESS ROOMS**

- Indoor shoes only are allowed on the fitness equipment and during the fitness classes.
- The stage is for employees only.
- Fitness equipment can be used by those attending fitness classes and those with a membership that includes the fitness room. Please do not allow your children to play with the fitness equipment.
- Children under 18 are not allowed unsupervised in the fitness or activity rooms.
- Children 16 and up can access the fitness equipment (Treadmills, Elliptical, Weight machines, etc.) with a family membership and parent supervision.
- Water bottles are allowed in the fitness room and activity room during fitness classes.

- Food and beverages can be brought into the fitness room for designated activities.
- All equipment must be cleaned and returned to its proper place after use.
- No dropping weights.

## **GUEST POLICIES**

- Walk-in swim price is \$4.00/person
- Walk-in water or land fitness class is \$10.00/person.
- Walk-in Fitness room is \$4.00/person.
- Swim Reedsburg members guests can use our facility at a reduced price, \$2.00 for walk-in swim and fitness and \$7.00 for walk-in water or land fitness classes.

## **MEMBERSHIPS AND PAYMENTS**

- Unless you pay the walk-in price, you must have an up-to-date membership to access our pool, fitness room and water and land fitness classes.
- We do not require you to sign a contract with our memberships. You can purchase your memberships either monthly or annually.
- We do require that a client information form is filled out and a waiver form is signed before your membership is activated.
- Our memberships are flexible in that they can start any day of the week the first day that you use our facility.
- You can put a freeze on an annual membership, in good standing, one time per calendar year for a medical or vacation reasons. The max for a freeze is 3 months. You must supply us with prior written notification.
- We accept cash, checks or Visa, MasterCard or Discover cards as payment. We do not hold your credit card number on file.
- If a payment is returned to us by the bank or credit service, we will charge any bank and handling fees back to you.

Thank you for your compliance to these policies. Please direct any questions to a member of the Swim Reedsburg staff.