

Swim Reedsburg

Teaching the World to swim one stroke at a time

608-524-4555

66881 N Dewey Ave

Reedsburg, WI 53959

Schedule is subject to change at any time

Updated April 1, 2011

Group Fitness Class Schedule - WATER AEROBICS						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:45 AM Pool Opens Lap Swim 45 min.	5:45 AM Early Bird Bonnie Gross 45 min.	5:45 AM Pool Opens Lap Swim 45 min.	5:45 AM Early Bird Bonnie Gross 45 min.	5:45 AM Pool Opens Lap Swim 2.25 hours	
	6:30 AM Deep Water Bonnie Gross 45 min.	6:30 AM Lap Swim 2 hours	6:30 AM Deep Water Bonnie Gross 45 min.	6:30 AM Lap Swim 2 hours		
	8:00 AM Family Swim 4 hours	8:30 AM Gentle Kate Gross 45 min.	8:00 AM Family Swim 4 hours	8:30 AM Gentle Kate Gross 45 min.	8:00 AM Family Swim 4 hours	
	9:00 AM Gentle Megan 45 min.	9:15 AM Senior Kate Gross 45 min.	9:00 AM Gentle Bonnie Gross 45 min.	9:15 AM Senior Kate Gross 45 min.		
		10:00 AM Lessons 30 min.	9:45 AM Lessons 30 min.	10:00 AM Lessons 1 hour		
	12:00 PM Lap Swim 1 hour	12:00 PM Lap Swim 1 hour	12:00 PM Lap Swim 1 hour	12:00 PM Lap Swim 1 hour	12:00 PM Lap Swim 1 hour	
	1:00 PM Family Swim 2.5hours	1:00 PM Family Swim 2.5hours	1:00 PM Family Swim 2.5hours	1:00 PM Family Swim 2.5hours	1:00 PM Family Swim 2.5 hours	
	3:45 PM Swim Teams 2 hours	3:45 PM Lessons 2.75 hours	3:45 PM Swim Teams 2 hour		3:45 PM Elite Team 1 hour	
4:00 PM Pool Opens Lessons 4 hours	4:45 PM Lessons 1.5 hours			4:15 PM Lessons 2.5 hours	5:00 PM Family Swim 2.5 hours	
	5:45 PM Stroke and Turn Clinic 1 hour		6:00 PM Lessons 1 hour			
	7:00 PM AquaLatina Olivia Rothwell 45 min.	6:30 PM Water Aerobics Bonnie Gross 45 min.		6:30 PM Water Aerobics Bonnie Gross 45 min.		
	7:45 PM Adult Swim 45 min.	7:15 PM Adult Swim 1.25 hours	7:00PM Adult Swim 1.5 hours	7:15 PM Water Volleyball 1.25 hours	7:30 PM Pool Closes	
8:00 PM Pool Closes	8:30 PM Pool Closes	8:30 PM Pool Closes	8:30 PM Pool Closes	8:30 PM Pool Closes		